Nuclei from lattice QCD

● Strong + EW forces → Nuclear interactions

- Solving quantum chromodynamics (QCD) should give direct access to properties of nuclei
- Unfortunately, QCD too complex to be solved at low energies (non-perturbative)

● Only known solution: solve QCD on a lattice

Oiscretise space-time in a finite volume & evaluate path integrals over the fields numerically
Artefacts due to lattice spacing & finite volume should be systematically removed



Nucl

• First option: compute directly nucle

- ✗ Unphysical pion masses
- × Noise-to-signal ratio of A-nucleon correlation functions scales as $e^{A(M_N - \frac{3}{2}m_\pi)t}$
- ✓ Could provide highly useful benchmarks



- Second option: compute NN (& NNN) potential
 - X Unphysical pion masses
 - X Difficult to extend to 3-body forces
 - ✓ Extremely useful if extended to hyperons

